

Information sheet 6:

Supporting better health care for people with intellectual disability

Practice Managers

How can we support your quality improvement activities?

Primary Health Tasmania is working to support primary care providers to improve access to health care for people with intellectual disability. We can work with you and support your Continuous Quality Improvement processes to support effective consultations for people with intellectual disability.

Our initiatives include providing education and training, resource packs, and health promotion resources about health care for people with intellectual disability for your practice.

Contact providersupport@primaryhealthtas.com.au or 1300 653 169 for further details.

Education and training – flexible options available

Primary Health Tasmania is hosting education events and webinars, and in-practice training and providing resources for general practices, allied health providers and practice staff. The aim is to enhance knowledge, skills, and confidence in providing essential health care for people with intellectual disability.

In practice training topics range from: An introduction to intellectual disability health; Communication; Reasonable Adjustments and Easy Read templates; Health Assessments; Data Collection and Clinical resources for common health problems.

Contact providersupport@primaryhealthtas.com.au or 1300 653 169 to register your interest.

Health promotion resources

Project partners have created health promotion resources for people with intellectual disability and their families. Easy Read health fact sheets and consumer resources are available on our website:

[Disability - Primary Health Tasmania](#)

Primary Health Tasmania has received Australian Government funding to enhance primary care for Tasmanians living with intellectual disability as part of the PCEP. Our aim is to address inequities in health system access and quality for people with intellectual disability through a range of activities.

Our program is called: **Better health care for people with intellectual disability – PCEP**

Resources for Practice Managers see page two.

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Information for Practice Managers

Resources

Council for Intellectual Disability (CID)

You can find information on this website [Council for Intellectual Disability \(cid.org.au\)](http://cid.org.au)

Helpful CID health resources include:

- [Resources for Health Professionals](#)
- [Good Appointments, Better Health](#)
- [Easy Read Appointment Letter \(editable\)](#)
- [Easy Read 'How to Find Us sheet' \(editable\)](#)
- [Sample Easy Read appointment letter](#)
- [Easy Read health resources](#)
- [Communication tips](#)
- [My Health Matters folder](#)
- [Annual health assessments](#)

Primary Health Tasmania resources

Key resources relevant to practice managers:

- [Information sheet 5 Reasonable adjustments - welcoming patients with intellectual disability in primary health care](#)
- [Information sheet 7 Key tips for improving care for people with intellectual disability](#)

For further information and resources refer to:

- [Resource pack for Primary health care services - better health care for people with intellectual disability](#)

Professional Development

3DN: [Intellectual Disability e-learning for Health Professionals by 3DN \(idhealtheducation.edu.au\)](http://idhealtheducation.edu.au) (registration and fees apply)

26TEN: [Home \(26ten.tas.gov.au\)](http://26ten.tas.gov.au)

26TEN provides free training workshops in plain English and Adult Literacy Awareness. 26TEN is a **network** of organisations and individuals working together to improve adult literacy and numeracy in Tasmania. Better literacy and numeracy mean a better Tasmania for all.

Learn Easy Read: <https://cid.org.au/event/learn-easy-read/>

The Council for Intellectual Disability provides Easy Read training to help organisations learn how to make documents easier to read.

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